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Jennifer is one of the grand dames of low-carbing. She wrote the popular best-selling *Splendid Low-Carbing* series of cookbooks. Jennifer and Dana have made guest appearances in each other's cookbooks. Jennifer has done the same with Judy Barnes Baker, author of *Carb Wars* and *Nourished*. Jennifer's books include:

- 1: **Splendid low-carbing:** A complete guide for low-carb living
- 2: **More splendid low-carbing:** Another splendid guide for low-carbing
- 3: **Splendid Low-Carbing for Life** (Volume-1)
- 4: **Splendid Low-Carbing for Life** (Volume-2)
- 5: **Splendid low-carb Desserts**
- 6: **Splendid Low-Carbing: The Complete Series** (Volumes 1 to 5)
- 7: **Splendid Desserts** – (Conventional diabetic diet guidelines)
- 8: **More Splendid Desserts** – (Conventional diabetic diet guidelines)

Available at AMAZON: http://www.amazon.com/shops/eureka_publishing
Alternatively, for better prices, you can buy them at: www.Low-Carb.us

Other Books

Maria Emmerich

1. Secrets to a Healthy Metabolism
2. Secrets to Controlling Your Weight, Cravings and Mood
3. Nutritious and Delicious

All of Maria's books are available on www.amazon.com

Lisa Marshall

Lisa has an e-book of her Diner called the *24/7 Low Carb Diner*. It shares her menu planning secrets, cooking methods and favorite recipes.

Available at: <http://www.247lowcarbdiner.com/>

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Available at: www.Amazon.com and <http://www.drbriffa.com/books/>

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Jimmy's book about his low-carb weight loss success is: *Livin' La Vida Low-Carb: My Journey From Flabby Fat To Sensationally Skinny In One Year*. His other book is: *21 Life Lessons From Livin' La Vida Low-Carb: How The Healthy Low-Carb Lifestyle Changed Everything I Thought I Knew*.

Available at: <http://www.livinlavidalowcarb.com/> and at www.Amazon.com

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Her books are available at www.Amazon.com Also, all of Dana's 10 books are available at: http://www.holdthetoast.com/low_carb_books_by_dana_carpender

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His books are available at: <http://diabeticmediterraneandiet.com>

Jonathan Eloff

Jonathan is the author of the romance series *Africa's Snow White*. These novels (based on a real-life story) relate a tale of a young English girl paired off to marry a rich schoolmate of Prince Andrew by her ambitious and determined mother, whose unflinching advice is: "marry him first, fall in love with him later." But the heroine decides to follow her heart and marry her childhood sweetheart, setting up a classic showdown, one which the mother is determined to win at any cost! This story starts out in colonial Africa, nine years later moves to North America, and finally ends 27 years later in the jungles of South America. Website: www.JonathanEloff.com and the teasers are at: www.Snow-White.ca

Africa's Snow White, Summer Love - Jealous Winter

"A delightful read. It evoked in me memories of my own teenage years, growing up in Cape Town. My father was from the Free State Province of South Africa and went to St. Andrew's School in Bloemfontein in the early 1920's as a boarder. When we later went back to Bloemfontein as a family in the mid-1960's, my father was Chairperson of the St. Andrew's Old Boys' Association and I got

Other Books

to know the school well, although I never attended St. Andrew's. I am sure my father would have enjoyed the passages about the school and the typical schoolboy pranks. I now serve the people of South Africa as Ambassador to Panama and have had the pleasure of meeting and getting to know the author. I look forward to reading Jonathan's sequel to this book, as I am sure there will be one." --Ambassador Leslie Manley, Ambassador from South Africa to Panamá, Ecuador, Bolivia, and Perú

"As the title suggests, *Summer Love - Jealous Winter* is a story of innocence and treachery. On one level there is pure, innocent teenage love in a simpler time, but underneath, controlling even the innocent, is the conniving manipulation of the antagonist. From the start, I was curious to discover how the innocence and treachery would mesh. Well, I was not disappointed. The tension mounts; the suspense is gripping. This seemingly gentle novel became a page turner that threatened to keep me up all night! Eloff has cleverly woven the divergent threads into a powerful ending." --Margaret Wolf, High School English Teacher

"This fact-fiction fairytale is the beginnings of an amazing love story intricately woven against the backdrop of South Africa. It is textured and spirited and manages to lure the reader into its pages. I expect to see great things from this young, new writer and am looking forward to the sequel." --Geraldine Cilliers, Qualified Librarian and Book Reviewer (Rootz Magazine, South Africa)

"Jonathan Eloff beautifully weaves together true life events of romance, heartbreak, betrayal, and suspense all the while describing South Africa's natural landscape and daily life at the end of Apartheid." --Jody Hussey, ESL Teacher

"Tender, hilarious, captivating . . ." --Sue Merralls, Special Events Organizer

Africa's Snow White, Prince Charming (the sequel)

"I'm pleased to see my prediction, of a sequel to Jonathan's first novel, come true. I'm delighted to see the characters from his first book mature in his new novel and go on to experience all the ups and downs and challenges of making one's way in the South Africa of that time, of trying to come to terms with living in a country as divided as it then was. I look forward to seeing how Jonathan deals with the challenges faced by so many individuals and families in South Africa in his upcoming novels. Once again, the references to St. Andrew's School evoke many memories for me from my own years as a student in Bloemfontein. Although I was not at St. Andrews, my father was head of the old boys' association, and therefore, by osmosis, I got to know something of the school and knew many of the pupils and teachers of the 1960's. St. Andrews, which was founded in 1863 in the old zuid-afrikaanse republiek, has seen many changes taking place around it over the years. I hope that Jonathan's books attract many students from abroad to this wonderful school. Jonathan, we are proud of you,

keep up the good work and I look forward to the next in the series."
--Ambassador Leslie Manley, Ambassador from South Africa to Panamá, Ecuador, Bolivia, and Perú

"An alluring tale of love and deception. Jonathan displays exceptional skills, painting vivid scenes for the reader. A great escape that will have you glued to your seat." Dr. Sylvie Raymond, English Lecturer, United Arab Emirates Univ.

"Eloff's second novel is an excellent sequel that will leave you wanting to know more about this intriguing story. You're guaranteed to lose sleep as you keep turning the pages late into the night." --Jody Hussey, ESL Teacher

"Fear and hope, sadness, love, and conspiracy, all centered around one family, set in the romantic scenery of South Africa. When you remember his first wonderful novel, Summer Love - Jealous Winter, immediately you recognize and appreciate Jonathan Eloff's unique style of writing. Every word comes out of his heart, but he leaves one question open for his readers: What's in this princess's future?" Karin Forster, German Journalist and Talk Show Moderator

"In my capacity as editor in chief of a large German news organization, I often interviewed world leaders such as Nelson Mandela and Mikhail Gorbachev. My wife and I have met this talented young author and shared some wine with him, and again I find that some of the most interesting stories are found when interviewing the people affected by the decisions of these world leaders."
-Kurt Forster, Editor In Chief (Retired) Rhein Zeitung.

"In his new book, Prince Charming, Jonathan Eloff offers vivid, masterful description and colorful insights into the continuing saga of the two generations introduced in his first book. The innocence of young love contrasts sharply with scenes of vindictive treachery, as this amazing story unfolds. I am intrigued by the young folk as they strive to work out the usual pangs of romance, dismally thwarted by Constance, who contrives to manipulate her world and everyone in it. The plot cleverly navigates some incredible twists and turns as the characters attempt to build their own lives with only a limited awareness of Constance's determination to control every possible outcome. Ultimately, as Constance manages to conquer her own demons, her daughter, Elizabeth, comes to realize a critical truth of her own. Once again, Eloff has cleverly created a page turner with some unexpected and often surprising results." --Margaret Wolf, High School English Teacher, Alberta, Canada

Both of these first 2 novels in the series, can be found at AMAZON: http://www.amazon.com/shops/eureka_publishing (in paperback or Kindle) and also at: www.JonathanEloff.com



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